



**SACRED HEART
KINDERGARTEN,
BUDHANPUR, PATIALA**

**PRACTICE WORK
FOR
SUMMER VACATION**



NAME:

CLASS:U.Kg

Dear Parents,

Summer holidays are just around the corner.

Holidays are a well-deserved opportunity to relax and rewind by indulging in activities, that are pleasurable and at the same time educative. Sure it's time to take a break and relax.

Here are specially designed tasks that promote "Happiness and Positivity" in children.

Wishing you all joyful holidays and good family time.

In today's world recycling has a very important place. Hence utilizing the best from unwanted things has become a generic necessity of every human's life. So students of class U.Kg. will do BEST OUT OF WASTE ACTIVITY. You can use reused and recyclable materials like newspapers, shoe boxes, bangles, ice cream sticks, and much more. Make something and bring after summer break in school.

Students have to prepare one 3D chart related to topics from their syllabus. Topics will be given by the class teacher on what's app.

World Bicycle Day-June 3rd2025



**To celebrate World Bicycle Day, you can send your pictures While doing cycling.
You can prepare miniature bicycle using newspaper or waste material.**



World Environment Day-June 5th2025



To celebrate World Environment Day, visit any garden nearby your home, make video and click pictures. Share with class teacher.

World Yoga Day-June 21st2025



To celebrate World Yoga Day students will do yoga and other family members can also join them.

Instructions:

Click photographs of all these activities and share with the class Incharge.



1. Say hello to the sun.



2. Pretend to be a tree.



3. Pretend to be a flying bird.



4. Pretend to be the falling rain.



5. Pretend to be planting seeds.

KIDS YOGA STORIES



Prayer Pose



Shoulder Stand



Tree pose

KIDS YOGA



Raised Hands Pose



Chair Pose



Extended Side Angle



Lunge Pose



Warrior 1 Pose



Warrior 2 Pose



Warrior 3 Pose



Plank Pose



Four Limbed Staff Pose



Zigzag Pose



Cobra Pose



Corp Pose



Boat Pose



Downward Facing Dog



Plow Pose



Standing Forward Bend Pose



Child Pose



Cow Pose



Cat Pose



Bow Pose



Camel Pose



Lotus Pose

HAPPY FATHER'S DAY Date: 15-6-2025



Do reading of English and Hindi books pages done in April and May

English (Each topic two times)

Cursive Capital, Cursive Small, Dictation Words, Singular-Plural, Workbook pages 11 to 14, 17 to 22, 25 to 30, 33 to 40

Hindi (Each topic two times)

स्वर और व्यंजन, दो, तीन, चार, अक्षरी शब्द, आ की मात्रा शब्द
Workbook pages 2 to 9, 11 to 15, 17 to 19, 21, 22, 24

Activity: Let your child read the spellings aloud. Encourage them to read each letter of the word aloud, which will help them remember the spelling, along with the correct pronunciation of the word.

Maths Workbook pages 4 to 11, 13, 14, 16, 17, 19, 27 to 30, 32, 37, 39, 40, 62 to 64

EVS Revise EVS

Page 2 to 13

Activity:

- Just a minute activity (Topic Safety Habits)
- Doll Bathing Activity (Cleanliness)
- Teach your Contact number to your ward

*** Revise stories English and Hindi both revise Rhymes.**

*** Converse in English with your ward.**

Some useful sentences

- | | |
|--|--|
| <ul style="list-style-type: none">❖ Good Morning.❖ I am hungry.❖ Let's do your holiday's homework.❖ Is this correct?❖ I am sorry. I did not hear.❖ Can you speak louder, please?❖ Which book?❖ I have done this.❖ Can I play now?❖ First you have to complete your work.❖ Are you sure?❖ As soon as possible. | <ul style="list-style-type: none">❖ Do you understand?❖ Do you want something?❖ Have a nice day.❖ How are you doing?❖ He is on his way.❖ I can do it.❖ I can't believe it.❖ I feel much better.❖ I hope so.❖ I knew it.❖ I am having fun.❖ I am ready.❖ It doesn't matter.❖ It's good.❖ It's time to go. |
|--|--|

HAPPY HOLIDAYS